



Performing Arts Medicine Association
 P.O. Box 440301
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In conjunction with
 the Aspen Music Festival
 and School
presents
 The Thirtieth
 Annual Symposium

Medical Problems of Performing Artists

July 26 - 29, 2012
 Snowmass, Colorado

A Continuing Medical Education Activity
 Jointly Sponsored by



30th Annual Symposium

Medical Problems of Performing Artists

The PAMA Symposium is designed to meet the research and practice needs of physicians, therapists, educators, artistic directors, trainers and other healthcare and performing arts professionals who seek to improve the well being of performing artists.

Feature Topics

Education, Treatment, Training, and Research are the fields explored in a variety of formats and depth by presenters.

- 30 years of PAM perspectives
- Latest research techniques and results
- Performance anxiety
- Instrument specific stress points
- Using biofeedback to enhance learning
- Focal dystonia
- Future of PAM
- Implementing injury prevention
- Alternative and complimentary medicine
- Wellness programs
- Effect of competition in dance

Workshops Include

- Biofeedback
- Yoga for the Performer
- Sound Level Monitoring
- Learning-based Sensory-motor Training
- Dance Kinesiology Teachers Interest Group
- Anatomically Sound Turnout
- Nurturing the Psoas Muscle

In cooperation with



through the national Initiative of Athletes and the Arts Integrating the science of sport and the performing arts for the mutual benefit of both.
www.athletesandthearts.com



Performing Arts Medicine: Past PRESENT and FUTURE

July 26 - 29, 2012
 Snowmass, Colorado USA

Performing Arts Medicine: Past, Present, and Future

Objectives

1. Identifying a baseline of practices from the historic view and development of Performing Arts Medicine as a field in moving forward with new applications in research and education.
2. Gaining knowledge of new research projects and applied science as the current foundation for improved practice and enhanced care for performing artists.
3. Networking and sharing ideas with new colleagues to increase cooperation in the field

Since the first PAMA Symposium 30 years ago there have been tremendous developments and expansion in the field of Performing Arts Medicine. The 2012 meeting will reference our history as we focus on the wealth of knowledge and experience in current practice and research. The symposium will culminate with several new exciting research initiatives that look ahead to the next 30 years.



Keynote Speakers

Paul Lehrer, PhD

UMDNJ

Robert Wood Johnson Medical School
Piscataway, NJ

Shaw Bronner, PhD, PT, OCS

ADAM Center, Long Island University
Alvin Ailey American Dancer Theater
New York, NY

Invited Presenters

Alice G. Brandfonbrener, MD

Rehabilitation Institute of Chicago
Chicago, IL

Neil Cherian, MD

Cleveland Clinic
Cleveland, OH

Kathryn Daniels, MA

Cornish College of the Arts
Seattle, WA

Donna Krasnow, MS

York University
Toronto, ON Canada

Richard Lederman, MD, PhD

Cleveland Clinic
Cleveland, OH

Richard J. Lederman Lecturer

Alan Lockwood, MD, FAAN

University at Buffalo
Environment and Health Committee
Physicians for Social Responsibility
Buffalo, NY

Alice G. Brandfonbrener Young Investigator Award

Dale Rickert, Bmus

University of Queensland, School of Music
University of Sydney
Sydney, Australia

Program Committee

Robin Kish, MFA, MS, *Co-Chair*

Kathleen Riley, PhD, MM, *Co-Chair*

Bethany Bultman, MA

Jennifer Deckert, MFA

Open Communication

Attendees will present research projects, successful models, and other topics in Performing Arts Medicine.

Bronwen Ackermann, PhD, MPH, BAppSc(PT)

Adedayo Tunde Ajidahun, MSc

Carlos Llapur Almaguer, MD

Amy Amlani, PhD

Sutton Anker, BFA

Susan Arjmand, MD

Brittany Arnold, BFA, BS

Steve Austin, PhD

Maria-Louise Barilla-LaBarca, MD

Gail Berenson, BM, MM

Patrice Berque, BSc (Hons) MCSP

Juliet Bressan, MD, MPH MICGP

Maria-Sophie Brückle, B.Sc. Phys. Th.

Regina Campbell, PT

Cliffton Chan, B Physio, G.Dip Mus

Kay Cherian, PT, MPT, Cert. MDT

Kris Chesky, PhD

Terry Clark, PhD, MMus

Heather Herod Cole, MS, PT, COMT

Vanessa Cornett-Murtada, DMA, CHt, CMI

Malika Damian, BSc PT, MA cand.

Jennifer Deckert, MFA

Tim Driscoll, BSc(Med), MBBS, MOHS, PhD

Emily Duncan, BA

Jan Dunn, MS

Alison Evans, MMus

Susan Fain, PT, DMA

Marie-Soleil Fortier, M.Mus

Donna Brink Fox, PhD

Patrick Gannon, PhD

Luis Felipe Heredia Guerra, MD

Christine Guptill, BMus, MS(OT), PhD

Keila Halili, BA

Lucinda Halstead, MD

Lisa A. Harner, MD

Leslie Harrington, MD

Melissa Hatheway

Roger Hobden, MD, DO(Q)

Janet Horvath, M.Mus

Heather Winter Hunnicutt, DM

Emily Elder Hunt

Natalie Iscovich BFA

Joanna Ivey

Jessica Johnson, DMA

Nancy Kadel, MD

Lena Kaisersberger, BSc

Taryn Ka'iulani, BFA

Kristie Kava, PT, DScPT, OMPT

Jacob J. Levy, PhD

Ian MacDonald, MSc, BMus, ARCM, ALCM

Ralph Manchester, MD

Ruth Marder

Jill May, PT, DPT

Sean McGowan, DMA

Katrin Meidell, BA, BM, MM, DMA

Ian O'Brien, MaudSt, MPhil, BMus

Suzanne Oliver, MFA, PhD

Judy Palac, DMA

Jayachandran Palazhy, BS

Paul Papoutsakis, BHK, Dip. SIM CAT, DAC

Lea Pearson, BA, MA, DMA

Preeti Raghavan, MD

Sonia Ranelli, BSc, MSc

Silvie Riesner, BSc OT

A.B.M. (Boni) Rietveld, MD, BA

Kathleen Riley, PhD, MM

Bonnie Robson, MD

Naotaka Sakai, MD, PhD

Sarah Schmalenberger, PhD

Felix Sielermann, BSc, PT

Barbara Smith, MMus

Samantha Sobash, BFA

Jo Ann Staugaard-Jones, MA, BS

Judith Steel, MA, CMA

Hara Trouli, MD

J.R. Vaag, MSc, PhD cand.

Henning Vauth, DMA

Margaret Wilson, PhD

Scott Winter, MD

Dagmar Wolff, Dipl Mus, Dipl MusEd, PT, Dr. phil

Brenda Wristen, PhD

Hitoshi Yamashita, PhD, LicAc

Participants' Performance

If you wish to participate, send an email to Adrienne Brown at anbviola@bendbroadband.com and to Julie Massaro at executive@artsmed.org

Share a Room

Cut your expenses by sharing a room with another attendee. Make a request to executive@artsmed.org.

Continuing Education Credit to be announced.

30th Anniversary Gala Celebration

To mark PAMA's 30th Symposium, a gala celebration will honor leaders and performers who have made unique contributions to the field of Performing Arts Medicine and enhanced the performing arts community.

Honored guests will be Alice Brandfonbrener and Richard Lederman, visionary leaders of PAMA; Alan Fletcher, President and CEO of the Aspen Music Festival and School; Jacques d' Amboise, one of the great American ballet dancers of the 20th century, and Cho Liang "Jimmy" Lin, celebrated violinist and advocate for music of our time.



Watch for your invitation by email, and plan to be part of this special event!

Gala Event Tickets:

Individual Seat - \$75
Table of 8 Seats - \$550

Take part in honoring contributors to PAMA while enjoying dinner and live entertainment.

General Information

Snowmass Village, surrounded by a spectacularly scenic wilderness area, provides a relaxing atmosphere and outstanding views for golfers, hikers, and bikers. A day camp provides activities for children.

The Viceroy Snowmass luxury resort will be host to the 30th Annual PAMA Symposium. Hotel guests will have a personal transport from the airport, and other special benefits are included in the resort package.

Aspen Music Festival

PAMA attendees receive a free concert pass to the Aspen Music Festival. A guest pass may be purchased on-site at the PAMA Registration Desk.

www.AspenMusicFestival.com

Aspen-Santa Fe Ballet

The summer calendar is not available at this printing. Check for performance dates at www.aspensantafeballet.com

Registration

PAMA Membership/Reduced Tuition

Join PAMA before registering for the Symposium and gain the benefit of a reduced registration fee.

Register online at www.artsmed.org/Symposium.html

Fees:

PAMA Members:	by June 29	
physician	\$395	\$425 after June 29
non-physician	\$295	\$325 after June 29
*student/resident	\$215	\$245 after June 29

Non-Members:	by June 29	
physician	\$445	\$475 after June 29
non-physician	\$345	\$375 after June 29
*student/resident	\$235	\$265 after June 29

* student/resident must be enrolled full-time in an accredited program and bring student ID to Symposium.

Workshops: There will be a \$10 flat fee to attend workshops. Seating is on a first-come, first-serve basis.

New! We are now offering discounts for multiple registrations. Visit our website or email services@artsmed.org to learn more.

A one-day registration fee is available by request.

ACSM Members (who are not PAMA members) receive a \$35 discount off the **non-member fee** above (excludes student fees). Discount shown when registering online.

Cancellation: Registration fee, less a \$50 processing fee, is refunded if notice of cancellation is received by July 13. No refunds made after July 13. Fee may be transferred to another individual.

Viceroy Resort & Hotel

Take a visual tour by visiting www.artsmed.org/lodging.html

Room rates

Studio - \$139/night One Bedroom - \$189/night

Two Bedroom - \$239/night (other options available)

A \$15 resort fee is added to cover special guest services such as free personal shuttle service in Snowmass and other amenities. All hotel rooms have kitchen facilities to allow attendees to preapre meals.

To Book a Room: go to www.viceroy snowmass.com

Click on *Accommodations* and use **GROUP CODE: PAMA**

Or to speak to an agent, call toll-free 1-866-326-9765

Ask for cancellation policy.

For More Information

PAMA Membership and Symposium details

www.artsmed.org

Julie Massaro, Executive Director

303-808-5643

executive@artsmed.org

